Girls on the Run
Spring 2021 St. Peter Team

St. Peter Community Center after school until 5:00 pm
In Person: Tuesdays: March 16, 23, 30 April 6, 13, 20, 27 May 4
Virtual/Zoom: 4:00 - 5:00 pm
Thursdays: March 18, 25, 31 April 8, 15, 22, 29, May 6

Identity: Self-Care, Self-Awareness, Knowing Self

- Tues March 16/SPCC: Connecting as Girls on the Run Team
- Thurs March 18/Zoom: Choosing to be a Girls on the Run Team
- Tues March 23/SPCC: Star Power
- Thurs March 25/Zoom: Your Star
- Tues March 30/SPCC: Self-Talk
- Tues April 6/SPCC: BeYOUtiful
- Thurs April 8/ZOOM: Expressing our Emotions

Connectedness: Selecting Healthy Relationships

- Tues April 13/SPCC: Choosing Friends
- Thurs April 15/Zoom: Resolving Conflict
- Tues April 20/SPCC: Standing up for Others

Empowerment: Celebrating and Sharing Our Strengths

- Thurs April 22/Zoom: Compromise (Brainstorming Community Impact Project)
- Tues April 27/SPCC: Practice 5k
- Thurs April 29/Zoom: Our Strengths (Planning Community Impact Project)
- Tues May 4/SPCC: Using our Star Power (Implementing the Community Impact Project)
- Thurs May 6/Zoom: GOTR Toolbox + Final Celebration