

eliminating racism empowering women

## ywca

**Mankato** 

### **2023 IMPACT REPORT**

YWCA MANKATO

# OUR MISSION IN ACTION

YWCA Mankato's bold mission is dedicated to eliminating racism, empwering women, and promoting peace, justice, freedom, and dignity for all.

Our diverse offering of programs for girls and women underscores our mission.







# A Message from Our Executive Director

2023 was an exciting year for YWCA Mankato and the energy and enthusiasm that our staff exudes every day is inspiring! We are thrilled to be able to share some of our early successes with you in this report.

Being asked to lead this organization has been an absolute honor and as I work alongside my amazing team, we have woven our bold and necessary mission into everything we do, promoting peace, justice, freedom and dignity for all.

I have asked myself and others more than once "should I be having this much fun as the Executive Director of a non-profit?" and the answer is a resounding "YES." Its not about the title but the work that YWCA Mankato is and will continue to do, and that constantly excites and motivates me.

I hope that you agree after reading the 2023 Impact Report, that we are writing the next chapter of a bright, vital, and vibrant YWCA Mankato that will sustain long into the future.





CECELI POLZIN, EXECUTIVE DIRECTOR

# OUR IMPACT

In 2023, we continued progress through some of our staple programs, and began to dream big about new initiatives to advance our mission.

400+

home visits with immigrant and refugee parents and infants.

The New American Families successfully maintained a full caseload in 2023 with **no staff turnover**, a feat within the industry!

38%

of participants identify as Black.

61%

of participants identify as Latino.

brand new programs
being developed for
girls and genderexpansive youth

of youth participants attended on scholarship

23

women leaders graduated EKWL. They each spent

**63** 

hours in leadership training.

Our new cohort began in 2023 and includes 28 participants representing a diverse workforce in Southern Minnesota.

# IN HER WORDS

We are so grateful to the incredible individuals and families that we are in community with. We aim to support women and girls in creating the lives they envision.



I started a new life here, and the YWCA started helping me with the foundation of it.

New American Families Client



I have connected with many people, and have learned so much useful information.

Handball 2 University Participant



So incredibly thankful for the friends I've met. Priceless.

Leadership Program Cohort Member

#### **Our Partners**

We could not do this work without the support and insight from community partners.





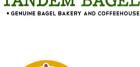




















### **Our Supporters**

YWCA Mankato is funded primarily through grants. We are so grateful to work with these funders!













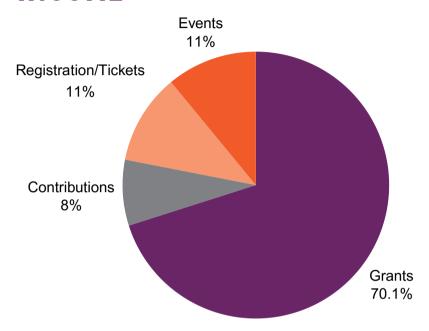




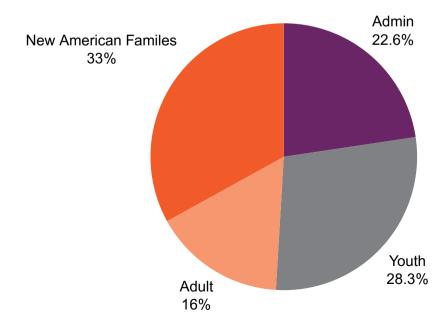


#### **FY23 Finances**

#### INCOME



#### **EXPENSES**



#### Board of Directors

Jessica Albers, Board Chair -Minnesota State University, Mankato

Heather Von Bank, Vice Board Chair -Minnesota State University, Mankato

Laura Jans, Treasurer - Abdo

Antonia Yenser, Secretary -Minnesota State University, Mankato

Erin Berle, At Large -Harry Meyering Center

Dana Stanglmeir – United Health Care

## **LOOKING AHEAD**

We're thrilled to sustain the momentum from the past year. We've established a solid foundation for 2024, introducing impactful new programs for youth, strengthening our New American Families team, and broadening our advocacy efforts to tackle the structural roots of racial and gender discrimination.







We are a part of building strong community based coalitions within the nonprofits in Southern Minnesota. We are proud to be participants and conveners for social justice!



Our new programs for young people are addressing specific and important areas of focus including mental health.

Whether you can offer your time, funds, or voice to our cause, reach out to us. Your support is *vital* for advancing this important movement in Southern Minnesota.

#### **2024 Events**

Women of Distinction - April 25th Mother's Day 5K - May 11th Women's Leadership Conference - October 25th



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